

**4 Match the words (1-7) with the definitions (A-G).**

- 1 \_\_\_ crib                      4 \_\_\_ comfort                      7 \_\_\_ beforehand  
 2 \_\_\_ nap                      5 \_\_\_ soothing  
 3 \_\_\_ calm                      6 \_\_\_ afternoon

- A a feeling of relaxation and peacefulness  
 B to make someone feel relaxed and not worried  
 C when a person sleeps for a short amount of time during the day  
 D a bed suitable for a small child  
 E earlier than other things  
 F having the ability to make people feel relaxed  
 G the time in the middle of the day, after morning and before evening

**5 Listen and read the textbook excerpt again. Why should students read before they take a nap?**

**Listening**

**6 Listen to a conversation between a teacher and a parent. Mark the following statements as true (T) or false (F).**

- 1 \_\_\_ The man's child has a nap at the same time every day at home.  
 2 \_\_\_ The man's child has trouble being quiet at school.  
 3 \_\_\_ The man's child sleeps with a stuffed bunny at night.

**7 Listen again and complete the conversation.**

**Teacher:** Thanks for coming in to talk with me. When does your child usually take a **1** \_\_\_\_\_ at home?  
**Parent:** I don't know. I just let him sleep when he wants to.  
**Teacher:** Well, at school, we schedule a time for students to **2** \_\_\_\_\_. Your child has trouble being quiet.  
**Parent:** Oh. Is there something I can do to help?  
**Teacher:** Yes. Try to **3** \_\_\_\_\_ naps at home just like school.  
**Parent:** Sure. What time do the students **4** \_\_\_\_\_ at school?  
**Teacher:** The students go to their **5** \_\_\_\_\_ at 1:00.  
**Parent:** Okay. What if my son isn't tired? How do you calm your students?  
**Teacher:** I read them a story **6** \_\_\_\_\_. Does he have a stuffed animal that he sleeps with?

**Speaking**

**8 With a partner, act out the roles below based on Task 7. Then, switch roles.**

**USE LANGUAGE SUCH AS:**

- When does ...  
 How ...  
 What time ...

**Student A:** You are a teacher. Talk to Student B about:

- his or her child's naps
- when students rest at school
- what you do to get ready for nap time

**Student B:** You are a parent. Talk to Student A about your child's naps and the school's nap time.

**Writing**

**9 Use the conversation from Task 8 to complete the nap preparation sheet.**



**How to Get Ready for Naptime**

Beforehand: \_\_\_\_\_  
 \_\_\_\_\_  
 Wind down: \_\_\_\_\_  
 \_\_\_\_\_  
 Lie down: \_\_\_\_\_  
 \_\_\_\_\_

